

**Meet our SWHHS
WIC Peer Counselors!
24/7 Breastfeeding Support**

Laura is an active mom of three who loves running and cooking!
laura.swedzinski@swmhhs.com
507-829-4930



Aimee has three children and loves cooking, crafts, and designing!
aimee.powers@swmhhs.com
507-829-4190



Katie, Certified Lactation Specialist, has two children and enjoys kayaking and baking!
katie.chapman@swmhhs.com
507-829-9303



**We strive to support you 100% in your
breastfeeding journey!**

Our Peer Breastfeeding Counselors are available around the clock to answer your questions and give you encouragement for nursing your babies. Peer Breastfeeding Counselors are paraprofessionals who are trained to give basic breastfeeding information to pregnant and breastfeeding mothers. They have breastfed at least one baby and can help other mothers enjoy a positive experience.

Redwood County WIC Program
266 E. Bridge St. Redwood Falls, MN 56283
Phone: 507-637-4041



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